



# Cumberland Fitness Center

Come & Check out the  
***Cumberland Fitness Center!***

***Come join us in 2023!***

Located in the Cumberland High School

**FREE @ This Time!**

**Open:**

**Mornings: Mondays-Friday 6:00-8:00 AM**

**Afternoons: Monday-Thursday 4:00-7:00 PM**

**Never visited the CFC? No problem!**

Come and let our “very” qualified and friendly staff demonstrate for you

our new

“state-of-the-art” cardio and weight equipment!

Questions or concerns?

Contact: Susan Bridger CCE Director

HS 715-822-5121 ext. 403/sbrid@csdmail.com

